

Mark Twain Medical Center

FOUNDATION FOCUS

PUBLISHED IN GRATITUDE FOR THE DONORS AND SUPPORTERS
OF THE MARK TWAIN MEDICAL CENTER FOUNDATION



Mark Twain
Medical Center Foundation.

SPRING 2024



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Reconstructive Surgery
Sigmoidoscopy
Total Joint Replacement

Service Lines

General Surgery
Gynecology
Orthopedics
Pain Management

MY FOCUS

“Calaveras County – we’ve got your back!”

We work hard – with creative and innovative fundraising – to fill the gaps when operating funds do not stretch far enough at Mark Twain Medical Center. We engage the community with many options resulting in short-term, behind-the-scenes support, as well as high-profile, improvement and equipment acquisition projects.

Hospital Volunteers continue funding healthcare-related scholarships for youth and hospital employees. Community members benefit from education projects like ongoing Diabetic Clinics and the Health and Community Resources Fair.

Our Barger Golf Outing returns on June 2. To broaden Foundation visibility, the golf action moves to The Golf Club at Copper Valley in 2024 and then will rotate annually between the Copperopolis facility and Greenhorn Creek Resort in Angels Camp.

Watch for details of our “Pink Tie Gala” coming in October. It’s what is more commonly called “Black Tie” – but think pink as we support Breast Cancer Awareness Month.

Join us as we all work diligently, developing resources to assure Mark Twain Medical Center delivers state-of-the-art Hometown Healthcare to the Calaveras community – in 2024, and beyond.

Charanjit Singh (CJ)
Director
Marketing, Communications,
and Philanthropy



Charanjit Singh (CJ)

PS: Contact me anytime to discuss how you can be part of the Foundation’s future. Please call 1.209.754.2624 or email charanjit.singh@commonspirit.org.

Our Mission of Humankindness

At Mark Twain Medical Center Foundation, we partner with our donors and our community to put humankindness into action.

We develop resources, funding and community support for the benefit of Mark Twain Medical Center.

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Contact Information

Mark Twain Medical Center
Foundation

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www.supportmarktwain.org

The Mark Twain Medical Center Foundation is a 501(c)3 charitable organization that cultivates philanthropic support from the community to fund the many health care services and programs our patients depend upon.

FOCUS FLASHBACK

40 Years of Foundation Commitment

2024 Marks the 40th Anniversary of the Mark Twain Medical Center Foundation

FOCUS FLASHBACK is a new feature of this publication with glimpses into our history and highlighting milestones along the way. The Foundation was established in 1984 to provide financial support for new equipment, technologies and facilities as Mark Twain Hospital evolved into what is known today as Mark Twain Medical Center. Through the decades, generous Foundation donors have invested in major hospital improvements and expansion of Hometown Healthcare through MTMC's network of community clinics across Calaveras County.

Milestones

Health care services were limited for decades in Calaveras County. In 1945, California voters approved the Health Care District Law which enabled the County Board of Supervisors to form Mark Twain Hospital District. As a result Mark Twain Hospital opened in 1951.

A few milestones are listed below – watch for more **FLASHBACKS** in future Foundation communications.

1951 Mark Twain Hospital opens. The 89 beds include 30 for acutely ill patients and 59 for long-term care. Hospital expansion follows in the 1960-70s.



1984 Mark Twain Hospital Foundation is established, creating opportunities for community members to support acquisition of new equipment and technologies at the facility.

1990-1997 The Foundation Capitol Building Campaign works to raise funds for a replacement hospital – raising more than \$1 million for the new facility completed in 1997.



2008-2019 Collaborative fund-raising between the Foundation and Mark Twain Health Care District results in opening of the James Dalton Medical Center in Angels Camp.



2021 The expanded and upgraded Copperopolis Family Medical Center opens in Copper Town Center opens with financial support from both the Foundation and District.

KINDNESS INSPIRES OUR MISSION

Dr. William Griffin, Foundation President

How Fortunate We Are

Consider the state of the world – and, then consider our Calaveras County surroundings.

How fortunate we are!

We see in the news how important health care resources are in times of turmoil, and it brings home the Foundation’s message emphasizing the importance of preserving our own community hospital.

Local care is essential. The more efficient we make it, the better we protect our future.

Your Mark Twain Medical Center Foundation is constantly looking for ways to maintain and modernize our facility to provide our community with the best possible care – today, and in the future.

We appreciate all our donors and volunteers and the wide-spread community support they are building for Hometown Healthcare.

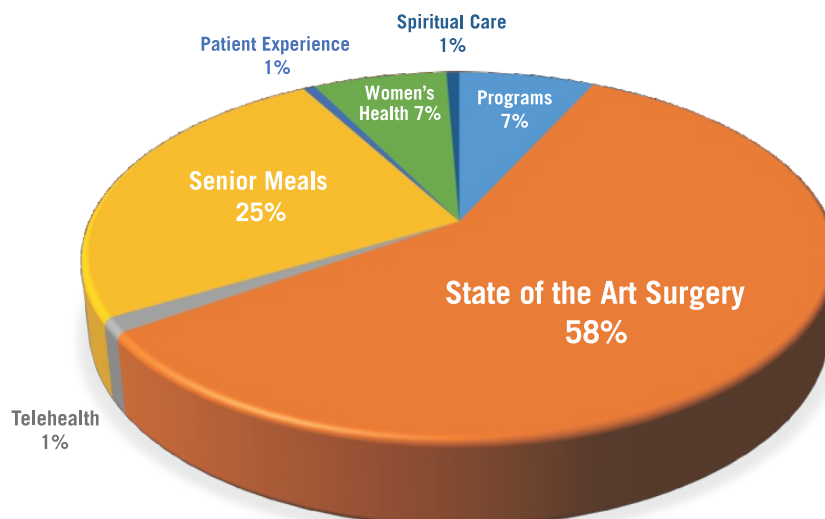
The Foundation continues to act in the best way possible to advance these excellent relationships.



William Griffin, MD, President

Your Contributions at Work

July 1, 2022 to June 30, 2023



One hundred percent of all donor contributions stay in Calaveras County, ensuring the largest return on your generosity.

GRATEFUL TO FOUNDATION DONORS

The following gifts were received during Fiscal Year 2022 (July 1, 2022 to June 30, 2023)



\$25,000+

Patricia Higgins and Richard Dixon
Isabel Neilsen Family Trust
Kaval and Jasvir Gill

\$15,000+

Kathy and Richard Randolph
Athwal Family

\$10,000+

Antoinette and William Griffin M.D.
Holly and Doug Archer
Shikha Jain and Pardeep Athwal M.D.

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Elaine and Daniel Lewis

\$5,000+

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\$1,500+

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The accuracy of information is important to us. If you see an error, contact the Foundation at 1.209.754.2624 or email charanjit.singh@commonspirit.org

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HOSPITAL RECEIVES NEW VEHICLES

Individual Donors Fund MTMC Vehicle Upgrades

PLANT OPERATIONS TRUCK REPLACED



MTMC Plant Operations crew with new and old trucks.

Foundation donors geared up to assure the MTMC Plant Operations Team can hit the road with more confidence in 2024. We have funded replacement of the department’s late-1980s model Ford F250 pickup truck.

The Foundation provided some \$70,000 to replace it with a new one-ton truck – complete with four-wheel-drive, and utility boxes to store tools and parts.

Foundation President Dr. William Griffin explains, “There was enthusiastic community support for this targeted fund-raising effort. We have assured quick and safe response for the department’s routine responsibilities at the hospital and clinics and any emergency situations which come up.”

SAFE TRAVELS FOR COURIERS

Two generous donors joined forces to enable the Foundation to purchase a new vehicle for the MTMC Courier Team. The 2023 Chevrolet Equinox with all-wheel drive assures peace-of-mind as the couriers travel throughout Calaveras County.

They log numerous errands every day for the hospital and MTMC’s network of community clinics. Duties include daily pick up and delivery of diagnostic samples, lab work and other routine happenings like post office visits, gathering medical supplies as well as reacting to immediate needs as they develop.

Thanks to our donors, couriers who previously hit the road in out-date-wheels are now traveling in a new SUV.

Plant Operations Manager Will Glover says his team member Pete Avila, who recently marked his 35th year at MTMC, recalls this truck was already in use when he started working here in 1988.

The Operations Team keeps pace with continuing advancements in equipment and facilities at the hospital and clinics.

It is multi-tasked, addressing issues including electrical, plumbing, HVAC, landscaping, moving furniture and equipment, trash hauling, and more. Obviously, vehicle mechanics is also among their talents.

Will adds, “We respond to issues at the hospital and seven clinics around the county. Since the old truck has two-wheel-drive, it’s been especially challenging when we need to take a trailer carrying a backup generator up to the Arnold clinic in the snow several times every winter.

They are now prepared to meet any challenge in the future — thanks to our generous donors.



Hospital couriers do their important work with a new SUV.

HOSPITAL VOLUNTEERS LAUNCH RN'S NURSING CAREER



Hayley Litzenberg, RN

“Everyone has seen me grow into my new role,” says Registered Nurse Hayley Litzenberg.

Hayley now works in the Emergency Department at Mark Twain Medical Center. She joined the MTMC team in 2014 in the Registration Department and has worked simultaneously on her nursing education over the past 10 years.

Her childhood dream of becoming a nurse became a reality with the help of several scholarships provided by our Foundation’s Hospital Volunteers.

Hayley’s dream actually started with a career day at MTMC during middle school and then grew through the ROP Medical Program at Calaveras High School which rotates students between departments at the hospital for hands-on experience. She worked at a grocery store for about two years before starting in registration at MTMC at the age of 20.

Hospital Volunteers provide scholarships for both high school students and adults. Through generous Foundation donors and fund-raising by Hospital Volunteers, Hayley has received the Adult Scholarship of \$1,500 several times since beginning her studies to become a nurse.

She received her A.A. Degree in Allied Health from Columbia College in 2017 and her R.N. Degree from the nursing school at Modesto Junior College in 2022. Next was a New Grad Residency Program at Adventist Health Sonora.

During that residency program Hayley continued working per diem in the hospital Registration Department. “I never wanted to lose my connection to MTMC,” she adds.

“These scholarships provided exceptional opportunities for me,” Hayley says. “They have really helped shape my career – and me as a person. I really appreciate the community that is Mark Twain Medical Center. It is a wonderful group of people. And, special thanks to the Hospital Volunteers!”

Hayley just turned 29 and recently purchased her own home in her hometown of Valley Springs.

VOLUNTEERS RAISE SCHOLARSHIP FUNDS

Great handmade gifts and a dazzling quilt were part of the 2023 Holiday Bazaar, with sales going to the Volunteers’ scholarship program. It supports students and employees seeking to advance healthcare careers — like Hayley Litzenberg, RN.



SICC HELPS FOUNDATION BATTLE HEART DISEASE

Heart disease is the No. 1 killer of women. For over 16 years some 4,600 local women have been able to monitor their heart health with no cost lipid panel testing at Mark Twain Medical Center thanks to support from our Foundation and Soroptimist International of Calaveras County (SICC).

The group joined forces with MTMC in 2006 to establish the local Take Women to Heart project in support of the American Heart Association's national Go Red for Women movement during February. The local testing project was cancelled in 2020 due to COVID.

Free lipid panel testing continues to be the local focus. It helps identify chronic and new conditions like cholesterol numbers and other risk factors.

SICC President Karen Varni explains, "Our mission is to support women and girls, and we continue to support the Take Women to Heart project, providing free lipid testing to assist in their health journey and to raise

awareness throughout our local communities."

Thank you to SICC and all the residents who have taken advantage of this program over the years!



Memories: SICC members celebrate national Go Red For Women movement and their role in the local Take Women to Heart project at Feb. 2016 meeting.

COMMUNITY FOUNDATION SUPPORTS DIABETES CLINICS

Thanks to Foundation funding, many local diabetic patients are enjoying better health and a greater understanding of how to handle their common - yet challenging - condition.

Dozens of patients have graduated from ongoing Diabetes Clinics at Mark Twain Medical Center.

The Foundation secured a \$15,000 state grant to establish the program last year and the Calaveras Community Foundation (CCF) recently provided additional funding to assure it continues.

CCF President Linda Kangeter explains, "We are pleased to partner with Mark Twain Medical Center Foundation to provide equipment for patient care. This grant for glucose monitors and blood pressure cuffs was made possible by a generous grant to CCF from the San Joaquin Community Foundation's Health Fund. That fund was established by the Delta Blood Bank Foundation to support projects and activities in our area that improve healthcare services, health outcomes and medical education."

Patients with poorly controlled diabetes are referred to the

program by their primary care physician. They are provided with state-of-the-art continuous glucose monitoring (CGM) equipment to provide insight into their condition. The clinic's intensive care leads to improved diabetic control and graduates return to primary care with instructions for further care.

This cooperative effort with CCF is a great example of working together to benefit Calaveras County residents.



CGM systems provide better diabetic control.

PHYSICAL THERAPY NEW FOCUS FOR FUNDING



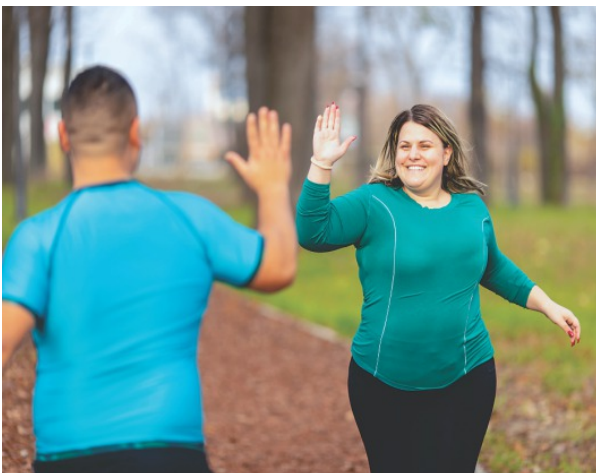
MTMC physical therapy staff is outstanding, and new fundraising to upgrade the equipment will provide state-of-the-art care.

Foundation board members are currently focused on a fundraising strategy to upgrade the Physical Therapy Department at Mark Twain Medical Center.

PT stands as a vital service in healthcare, playing a pivotal role in the recovery and rehabilitation of individuals who have undergone injuries or surgeries or are dealing with chronic conditions.

Our PT team is well-respected for engaging patients with its upbeat outlook and commitment to positive outcomes. The dedicated team plays a crucial role in helping patients regain mobility, alleviate pain and elevate their overall quality of life.

New equipment will take our PT services to state-of-the-art status.



Effective physical therapy benefits patients of all ages and conditions. We want to help provide a better quality of life.

Calaveras County has an ever-increasing need for comprehensive physical therapy services – especially among older individuals who require specialized care to manage pain, preserve mobility and enhance their overall quality of life.

The surge in chronic health issues like diabetes, heart disease and obesity also fuels the need.

The increasing focus on sports and physical fitness also increases the demand for PT. There also is a growing trend in utilizing PT as a preventative measure to address potential health issues before they escalate. Watch for details as we refine our strategy to enhance physical therapy’s integral role in health outcomes and fostering a better quality of life for the Calaveras community.



**Mark Twain
Medical Center Foundation.**

768 Mountain Ranch Road
San Andreas, CA 95249

PERMIT

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MARK TWAIN MEDICAL CENTER
FOUNDATION PRESENTS

*Pink Tie
Gala*

OCTOBER 18TH | 5:30PM
IRONSTONE VINEYARDS